## **SIMSA Member Perk - Fitness**

A fit staff avoids injuries, reduces absenteeism, improves productivity, and have increased morale.

The perk sees all SIMSA member companies' employees now enjoy at all Motion Fitness locations in Saskatoon and Evolution Fitness in Regina locations:

- \$449/year for full access to Motion Fitness (Saskatoon) or \$546/year for full access to Evolution Fitness (Regina)
  - This is for a 1-year membership; 2-year is slightly less; there are also monthly payment options
  - o Includes classes, fitness machines, tanning, showers, etc.
  - o Free fitness analysis and plan for each employee
  - o 14 free visits per year to "the other" participating gym
- Free team building events and fitness seminars (for groups of 10 or more)
- Easy enrollment by employees (all SIMSA member companies are now eligible)





To access the **Motion Fitness locations in Saskatoon**, have your employees use this link to sign-up: <a href="https://www.motionfitness.ca/corporate/new-corp">https://www.motionfitness.ca/corporate/new-corp</a>

For corporate events contact:

Mohammed Akbar Corporate Sales Manager Phone: 306-975-1003, Ext. 1117 mohammed@motionfitness.ca

To access the **Evolution Fitness locations in Regina**, have your employees use this link to sign up: <a href="https://www.mymemberaccount.com/member-enrollment/10233/lead">https://www.mymemberaccount.com/member-enrollment/10233/lead</a> then select "SIMSA Corporate"

For corporate events, contact:

Keith Brown VP of Sales 306-545-4653 kbrown@evolutionfitness.ca